



"Savor every moment of inner peace as it rises from within you. Let it shine for all to see. Through all trials and tribulations never let a moment of fear to enter your hearts. Have supreme faith in Almighty and you will find yourself being lifted above the fray, carried by Grace through all things in life.

Love and blessings for all. OM TAT SAT"

-Master Shree Vasant-

Dear Homa family,

Together we have managed to share the healing effects of the sacred fires of Homa Therapy around the world once again.

In summary, we practiced **a total of 1,587.5 hours of Tryambakam Homa in 24 countries.** The youngest participant was Erick from the village Chaflu in northern Ecuador. He is 7 years old and did daily half an hour Tryambakam Homa..

These 1,587.5 hours of Tryambakam Homa translate into 144 hours of Tryambakam Homa daily and 6 Agnihotris practicing it at the same time, every hour, for 11 days and nights.

Thanks to each Agnihotri for your participation, for your punctuality, for your responsibility and for your love to service.

In the New Year, may we realize more and more that WE ARE TRULY BEINGS OF LIGHT, WE ARE LOVE, WE ARE TRUTH, WE ARE POWER, WE ARE PROSPERITY, WE ARE JOY, WE ARE CREATORS OF OUR DESTINY... AND THAT WE CAN CHANGE THE COURSE OF THE WORLD... GRACE AND BLESSINGS ARE ACCOMPANYING US ON THIS DIVINE PATH.

Receive the love of all the coordinators of this Healing Event: Adela, Franklin, Lee & Frits, Parvati, Ceneth, Janardhun, America, Karina, Susanne, Amogh, Jeiber, Ángeles, Carlita, TaniaB, TaniaS and Aleta & Abel.



13th December 2024

HOMA HEALTH - NEWSLETTER # 224

print Newsletter

www.terapiahoma.com - www.homa1.com - www.homatherapy.info



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To subscribe: terapiahoma@ yahoo.com

THE TIME # THE WEATHER

"Time Flies." It is an expression that indicates that the ticking of the clock is fast and it seems that it is getting faster.

Is this true?

Let us remember that the length of the day and night depends on several factors, such as: The sunrise and sunset, the location of the place where we are (Longitude, Latitude, Altitude, etc.), the speed of rotation and the speed of translation of the Earth, the precession of the equinoxes, etc.

These are determining factors within Physics. But there are also other psychological and/or subtle factors that also affect us and show that Time is RELATIVE.

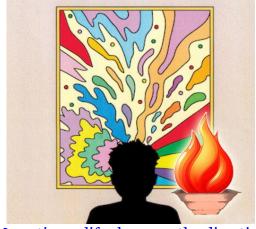
For example, if in a **boxing match**, each round lasts 3
minutes, for the one who is losing strength, this seems very long and for the one who is gaining points, it is very short.

Yes, yes, yes, it seems that the unpleasant moments are long and the pleasant ones are short.

Thus, many find themselves longing for the repetition of the beautiful, positive moments and fearing the arrival of the difficult, negative moments.

This leads us to ask ourselves: what is life?

For some **Life is like**: sailing in the sea, crossing a forest, climbing a mountain, participating in a movie or a game. Life could also be seen as being in: a hospital, a school, a farm, a prison, a gym, etc. All full of surprises and lessons.



Many times, life shows us the direction we should follow, but we do not always understand this message.

Let's remember:

- 1) One year = 52 weeks + 1 day = 365 days.
- 2) The first week of 2025 has already passed and we have 51 weeks left.
- 3) We sleep more or less 8 hours a day. That is, we spend 1/3 of our lives in a state of unconsciousness or partial cyclical death.

Now we can ask ourselves:

What are we going to do with the useful time of this year?

Why do we live?

How do you know that you are taking advantage of life?

Does the one who runs more from

Does the one who runs more from one task to another live longer?

Spiritual Scientists point out that paying more attention and care to our thoughts, emotions, words and actions can help us realize who we are and understand why we are here. Yes, yes, yes, The Attention in Action promotes "Expansion of Consciousness".

Knowing this and Following the Voice of the Heart Brings us Closer to a State of Peace, Bliss and Indescribable Happiness.

OM CONSCIOUSNESS OM
OM TRUTH OM
OM BLISS OM
OM SHREE OM

HOMA HEALING STORIES



Amogh Kulkarni Nasik, Maharashtra, India

Here I am sharing another one of my Homa experiences:

I am 24 years old and I am a software engineer. Three years back I started working in the computer field in a corporate company. The environment there was very strange and different then how I was brought up. Here, at home, we don't drink, we don't smoke, we don't have addictions and so on. But I had to connect with all the people there due to my work. So, **there was a time** when all of my friends there were drinking alcohol, smoking, even taking drugs and I was in their company, sitting beside them. Now, remembering, I do think it is because of Divine Grace, that I did not get involved and that I was able to keep my mind stable and concentrated. I was save even during the time I was working in this odd environment. My family practices Agnihotra since the last 25 years, I practice sunset Agnihotra since the last

8 years and recently I have started to practice also sunrise Agnihotra.

Aishwarya Dimothe Nasik, Maharashtra, India

I do feel a protection around me, which keeps me away from negative things and which allows me to focus on the path, which I chose and which is right one for me.

I was involved in an accident a few years back, where the bones of one of my legs where literally crushed. I and my family had to go through a very difficult time with many treatments. I had a lot of pain and the doctors said that a recovery might not be possible, that I will limb for the rest of my life. That also affected me psychologically. It was a hard time. But we are practicing Agnihotra. What happened was that within a span of 2 years, I did recover to the astonishment of all the medical doctors. I walk again upright and straight! I am glad to say that I have recovered and that I feel strong again.





My passion is drawing and by profession I am an architect.

The practice of Agnihotra has helped me also with my studies and the vibration in our home is peaceful, which also helps with one's focus.

(See photo on the left of Aishwarya with a drawing of the holy child Krishna.)

HOMA HEALING STORIES

Ajinkya Dimothe Nasik, Maharashtra, India

I am 24 years old and I studied computer engineering.
Usually, I connect with lots of people, but I cannot know how and who the other person is from the inside. But eventually, through the practice of the Homa fires and all the other positive things, even if we do get in touch with people who are probably not so good for us, the divine Grace makes sure, that they will be separated out. One doesn't know how, but one gets almost automatically separated from people who are not in line with our vibration.

In my family we are **practice Agnihotra since the last 15 years** and all family members have seen very good effects. **Our home and the surrounding are very energetic and powerful.**



Manisha Dimothe, mother of Aishwarya and Ajinkya

After starting with the regular practice of Agnihotra, which was when my son was in 5th standard, both my children's educational progress has improved. I want to highlight that their intellectual progress, their intelligence has increased and that Agnihotra has helped them to be good students, but also to be good children and develop into good human beings. We are proud of our children!

(Photo: Mrs. Manisha and her husband, Mr. Rajesh Dimothe practicing Agnihotra.)

Rajesh Dimothe, padre de Aishwarya y Ajinkya

I am working at a municipal corporation office and in government offices the **biggest problem is the corruption.** I have to deal with this every single day. All the people around me offer money and want to bribe me, but I always take care that I don't get involved in all that.

It was quite hard in the beginning, because it's a pressure, every single day.

There is also the work pressure since I have to take care of many things at work.

The practice of Agnihotra and other spiritual disciplines help me to stay stable, to follow the righteous path, the truthful path and to stay honest. In spite of all this environment I can maintain my personal peace.

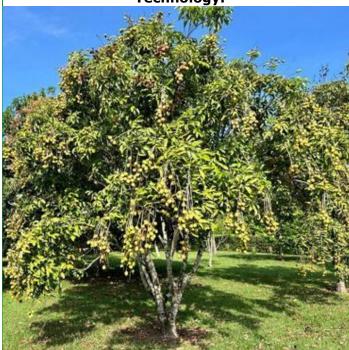
Agnihotra practice also helps to have good relations in the entire family and that improves the overall love for each other and for others.

(Photo above: The Dimothe family visiting their neighbors, the Kulkarni family, and sharing their testimonies with the practice of Agnihotra.)

HOMA FARMING THE SOLUTION FOR THE FUTURE OF OUR PLANET!



Photos on this page: Homa garden in Armenia, Colombia, which is under the care of Mrs. Dora Betancur, who applies Homa Agricultural Technology.



The base of fire is like insurance that your gardens will be surrounded by a protective layer or shield, which, when done correctly, will nourish and enliven the soil, cleanse the air and energize water resources."







From Orion Transmissions ON ORGANIC HOMA FARMING

"Yes, yes. Begin securing your borders whenever possible, should you own land and wish to farm it organically, free of genetically modified crops and chemicals. We would suggest in particular, those of you whose land borders other farmland try to secure that bordering land. If you are unable to do so, there are protective measures which can be devised to keep your crops safe from genetic infiltration.

Study what is available at this time.

The practice of Homa Organic Farming is actually an ancient solution for modern times.

There is great power in the Agnihotra Ash, as we have said on numerous occasions. This itself is a protective agent.

If one uses additional methods such as permaculture and working with subtle energies, Devas and the like, it will only enhance the Homa Organic Farming techniques.

(Photo above - Agnihotra hut; picture to the left: Lichi trees, which are full of an abundance of fruits and ready to be harvested;

photo below: each and every day there are healthy and nutritive Homa products coming directly from the garden to our table; flowers of the Jamaica plant for a delicious tee.)

ECO NEWS

CONTROLLING THE WEATHER: IS IT POSSIBLE?

CBS News SEPT 25, 2013:

Scientists and researchers may one day be able to manipulate rain and lightning using lasers. "CBS This Morning" contributor Michio Kaku, a physics professor at City College of New York, talks to Charlie Rose and Norah O'Donnell about the potential future of weather.

To watch this short news clip, please enter:

https://www.youtube.com/watch? v=hm1 TfTgUag&t=9s



ORION ON HOMA FARMING

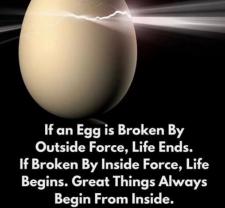
Yes, yes, yes. We are nearing time when the resources of the planet will be so spoiled by pollutants, the foods we ear so chemically altered, that nutrients can no longer be expected to come from what we ingest and we will have no other avenue to turn toward for solution that the ways of old. Thus, there is a returning to the land. In order to put back the nutrients into soil, air, water, and land resources, a new way of life is needed. A new technology, if you will, that allows for elements missing to be replaced in a completely natural way.

... 'using ancient farming methods such as Homa farming' ...

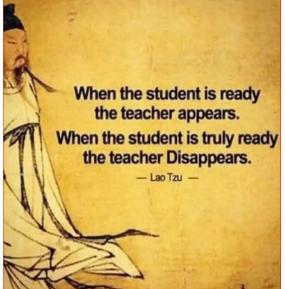


You will never understand the damage you did to someone until the same thing is done to you. That's why I am here.

Karma







"PURE HUMAN DIVINITY"

Gregg Braden - December 22nd, 2024

Divinity is the source of our power. It's also the source of our love, our forgiveness and our healing. The contemporary definition of divinity is simply "the ability to transcend the perceived

limitations of the past."



https://www.youtube.com/watch?v=Evk7Nk9q5qc

TIMES for the HOMA FIRES - HOMA THERAPY GOSHALA, MADHYA PRADESH, MAHESHWAR, INDIA

Dear family, hereafter, we present the **second part of our journey in India** teaching Agnihotra (Homa Therapy) through workshops, audiovisual presentations, in meetings, gatherings, personal conversations, etc.

Each step, each meeting, each person, each act, ... has been of Light, of Love, of Connection, of Transformation, of Learning, of Gratitude, of Divine Grace. ...When we leave the outcome in the Divine Hands, and just



concentrate on serving, the Magic unfolds and Miracles manifests...

After leaving *Dr. John's Cherian Ashram Holistic Center in Cochi*, Kerala, we flew to Indore and from there the driver took us directly to the **Homa Therapy Goshala in Maheshwar (Agnihotra Kendra)**, where we met again, after years, with **Sarvajit Paranjpe and his family** (his wife Asmitha and their children Ishwari and Advit). Sarvajit is the caretaker of this very special place, which is situated on the banks of the Holy Narmada River. **Master Shree Vasant established this energetic site as a "Point of Light"**, **where He lived and blessed the planet in the last years of His life.** (The other two Points of Light are: Bhargava Dham in Chile and Bhrugu Aranya in Poland.)



and also met with Dr. Ulrich
Berk from Germany, who is
working tirelessly to discover
more of the science behind
Agnihotra. In the Goshala, there
is much of the beauty that Anne
Godfrey, along with her
husband Bruce Johnson and
her son Aaron, created with so
much love, devotion and
dedication.

TIMES for the HOMA FIRES - HOMA THERAPY GOSHALA, MADHYA PRADESH, MAHESHWAR, INDIA



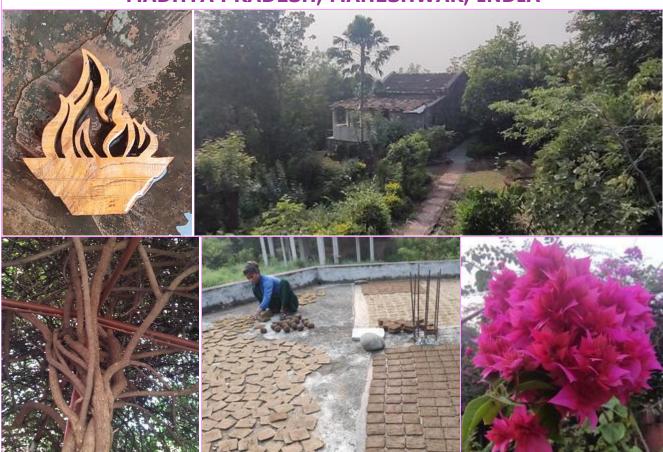


On this blessed land, there are many tasks and much work, not only in the fields, in the vegetable garden, in maintaining the many plants and trees, looking after the cattle, in making cow dung cookies (which are send all over India), work in the Homa shop, etc. Sarvajit is also busy with collecting, organizing, editing and publishing texts by Master Vasant (and others), which can be obtained on Amazon. In addition, visitors constantly come to know and learn Agnihotra; sometimes teachers, professors and their students arrive in buses to see and witness the effects of the Homa Super-Technology.





TIMES for the HOMA FIRES - HOMA THERAPY GOSHALA, MADHYA PRADESH, MAHESHWAR, INDIA



Recalling unforgettable moments with Master Shree Vasant...1st row: is the house He lived... HIS PRESENCE is in the trees and flowers, in the Holy Narmada River, in the Fire, in the people... in the environment and in the air... it is a place full of HIS GRACE, HIS LOVE, HIS PEACE, HIS BLESSINGS FOR EVERYONE...



TIMES for the HOMA FIRES - TAPOVAN, MAHARASTRA, INDIA



When visiting Tapovan, our focus was on the efforts for Sustainable and Organic Homa Agriculture, which is being done in this sacred place, where the **Mahasamadhi of Master Shree Vasant (photo above) is. Shreekant Paranjpe,** one of Shree's grandsons, along with a group of young men (which were called the "Tapovan Boys" in the era of Anne and Bruce Johnson), continue to work on this land which has been blessed by **23 years of continuous 24-hour Tryambakam Homa.**



TIMES for the HOMA FIRES - AMALNER & DHULE, MH, INDIA

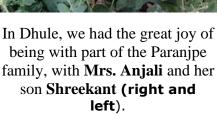


It was very beautiful to see our 'old friends' again, even if only for a few hours, Dilip
Patel and his wife
Prerana (photo left). They continue to teach and practice this healing technique with more devotion and more powerful experiences.













Anjali takes
care of a
beautiful
garden, and a
small
orchard. She
has magical
hands for
beauty and
manual arts.
(See photos
on this page.)







TIMES for the HOMA FIRES - NASIK, MAHARASHTRA, INDIA



In Nasik, we had the great blessing of meeting and staying with the Kulkarni's, a family devoted to Agnihotra and Service.

These are: Dr. Jayant Kulkarni, a physician, his wife Vaishali, a microbiologist and zoologist, and their son, Amogh, a software engineer. This family has been practicing Agnihotra for 25 years and has had wonderful experiences that changed their lives.

(We also met their daughter Akanksha with husband Mangesh later in Pune. Both are computer engineers and Agnihotris.) *Amogh was our wonderful translator*, secretary, organizer, driver and together with his parents, he was always present, with a spirit of service with smiles, helping and assisting at all times.









Photos of this page:
In their home, several
Agnihotra meetings
were held and many
visitors welcomed.
Here, we also met
people who helped
enter other
institutions to present
Homa Therapy and its
many applications.



TIMES for the HOMA FIRES - EKLAHARE, NASIK, MH, INDIA





At the "Matoshri College of Engineering & Research Centre" the Head of Department (IT), Prof. Niranjan Bhale organized an audiovisual presentation of Homa Therapy in the form of an Anti-stress Workshop, along with Therapeutic Yoga exercises, where teachers and students attended. The Director, Dr. Gajanan Kharate, the Vice-Director, Dr. Varsha Patil, among others, enjoyed these 'new teachings' of Ancient Wisdom as are Agnihotra & Yoga.



TIMES for the HOMA FIRES - EKLAHARE, NASIK, MH, INDIA



The aim of this meeting was to help young people come to the awareness to set priorities that also serve their spiritual growth and make them better and happier people in every way. Many young people are under constant pressure to be the best students.





Prof. Ahire (pictured above), Yoga Teacher of this university, invited his students for a session with Prof. Abel, which all enjoyed very much.





TIMES for the HOMA FIRES - FIRE TEMPLE in SATPUR, NASIK

This powerful Fire Temple (Agni Mandir)
was established personally by Param
Sadguru Shree Gajanan Maharaj in the
year 1976. Since then (almost 50 years), Mr.
Arvind and his wife, Mrs. Mangala
Patange, along with their children, are devoted

caretakers who ensure the daily practice of Agnihotra at sunrise and sunset.

Master Shree Vasant also has visited this temple. In the year 2000, the temple was beautifully rebuilt by this humble family.

(See photos this and next page.)















TIMES for the HOMA FIRES - FIRE TEMPLE in SATPUR, NASIK, MAHARASHTRA, INDIA



February 1, 2006, Agni Mandir Temple, Nasik, India

Shree Gajanan Maharaj's voice was heard by Parvati:

"Our Feet are installed here.
Here, riches abound.
Satya Dharma Sanatana.
All Blessings to those who serve the
Light.
All Blessings to those who walk in
Light
and their children
and their children.



TIMES for the HOMA FIRES - TRIMBAK, MH, INDIA











Mr. Rohan
Bhosale, our longtime Agnihotri
friend, guided us
through the
experience of
visiting the famous
Shiva Temple
Trambakeshwar,
late at night.

Through Mr. **Satyapriya Shukla**, a temple manager, we were able to enter the innermost part of the temple, where the **Jyotirlinga** is kept and where hundreds of devotees often wait up to 12 hours in line to catch a glimpse of this Lingam and receive its blessings. After a tour inside this majestic temple, where many special Yajnyas are performed daily, we placed Agnihotra ash in the Godavari River, which originates from this sacred place at the foot of the Brahamagiri Hills (see photos above).

The photo on the right shows a special Homa fire in the home of Rohan and his wonderful family after the temple visit. They had been waiting for us for a long time. What heartwarming hospitality!







We were also able to visit Mr.
Rajiv Patel and his wife,
Madhura. (See photo to the left
with the Kulkarnis, Rohan and
Abel).

Mr. Rajiv Patel is a well-known author and spreads the **message of Vedic Wisdom and Philosophy** through his unique style of writing **novels**. They also have their Agnihotra kit.

TIMES for the HOMA FIRES - NASIK, MH, INDIA



Dr. Arvind Patange, son of Arvind and Mangala Patange of the Fire Temple (Agni Mandir), is an Ayurvedic Doctor who invited Abel to present Homa Therapy to a group of about 40 Ayurvedic Doctors. They were amazed to see testimonies of healings, especially where conventional medicine and other treatments



could not help. For these doctors, it is an awakening of consciousness towards this Ancient Vedic Technology that works with the subtle energies of Light and Sound to balance and harmonize all the systems of the human body and achieve integral health. **Agnihotra is an ancient tool to heal the body, mind and soul.** For some, it is almost inconceivable that AGNIHOTRA **also serves to heal our planet from the effects of pollution in the atmosphere, soil and water. Dr. Jayant Kulkarni** shared various experiences using Homa Therapy in treatments. (**Photos on this page from the meeting with the doctors in Nasik; photo below left - Dr. Arvind Patange and on the right: Dr. Kulkarni's talk.**)



TIMES for the HOMA FIRES - NASIK, MH, INDIA



It was a great surprise to see this beautiful university in the outskirts of Nasik.

The **Sapkal Knowledge Hub** is among the Best
Engineering, **MBA and PhD in Pharmacy Schools** in
Nasik. We were joined by **Dr. Dipti Phadtare**: Director of the Institute of Pharmacy,

Dr. R. G. Bachhav: Director of the Faculty of Pharmacy and **Prof. Sahebrao Bagal**: Director of the Faculty of Engineering. The management and the pharmacy students were open to new healing alternatives as Homa Therapy. Everyone enjoyed the Therapeutic Yoga Exercises to loosen up body and mind after so many hours of sitting in the university and in front of computers.



Prof. Abel presented some videos and explained that true health is not only physical, but also inleudes mental and emotional balance. This is where the practice of Agnihotra comes as a holistic tool, which does have many side effects, yes, yes, yes, many positive side effects! Abel also presented the book written by german pharmacist Monika Koch with her recommendations about the medicinal use of this ancestral knowledge, originating from the Vedas.

TIMES for the HOMA FIRES - PRASAD DHUNI, NASIK, INDIA







At **Prasad Dhuni**, the Spiritual Master, **Appaji**, created a temple where a fire is kept burning 24hours a day, 365 days a year.

Photos above 1): Master Appaji; while doing a Tryambakam Homa at an official function, Dr. Kulkarni took a photo of his teacher and when it was developed, something like a ray of fire seems to be coming out of His mouth. He was devoted to Yajnyas.

Photo 2): When Master Appaji visited the source of the holy Narmada River, the water itself started circulating around Him!

Photo 3): Abel, Mr. Atul Bhabad - one of His close disciples, Amogh and his father, Dr. Jayant Kulkarni and Appaji's son- Mr. Nandkumar Deshmukh at Prasad Dhuni.







The request was for **Abel** to do a special Homa and give **a talk about Agnihotra** in memory of their dear Master Appaji and so it happened. Many felt the presence of the Master himself, as if it were His words and they felt His Blessings being given.

It was a meeting of Light, Love and Devotion, an event of DIVINE GRACE.

Master Appaji's Message in general is to simply be full of love, have a pure heart and place the utmost faith in the Divine. He emphasized living a simple life, serving others without any expectations, Surrendering to the Divine and Living According to the Laws of Nature and of our Universe!

TIMES for the HOMA FIRES - NASIK, MH, INDIA



Before leaving Nasik, there was an invitation from Mr. **Dilip Khandekar** of the *Vishnu Sahastranam chanting group* to present Agnihotra and its healing effects on humans and the environment. (**Photo above during Agnihotra practice.**)

This group of people is dedicated to chanting the thousand different names of Vishnu for elevating the vibrations to reach a Higher Consciousness. They are dedicated to Service! We thank Mr. **Satish Awasare** and his family for this beautiful meeting.







The days in Nasik were filled with activities where we had the opportunity to teach and make known how the many benefits of the Homa Therapy fires, which contribute to TOTAL HEALTH for mother earth and all her children.

Dr. Jayant Kulkarni together with his wife Vaishali, established the "Homa Medical Center" in their doctor's office.

We cannot describe the love and blessings that we experienced in Nasik. We bow down to everyone for they have awoken in us more Gratitude with their Selfless Service and Genuine Humility.

TIMES for the HOMA FIRES - PUNE, MAHARASHTRA, INDIA

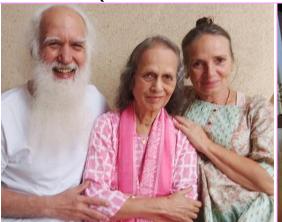


The Kulkarni family accompanied us to our next program in the city Pune, where we first arrived at the home of their daughter **Akanksha** and husband **Mangesh**. In their lovely

husband **Mangesh**. In their lovely home, we shared evening Agnihotra and heart-to-heart conversations.

Hrishikesh Paranjpe had organized a Yoga & Homa Workshop, specifically for Dra. Kalpana, her students and friends.

We experienced all of the Kulkarni family as a conscious family, with love that extends beyond the family itself and with an intrinsic desire for spiritual growth to become a better instrument. (Photos above: Kulkarni family and below on the right the young couple.)







In the evening, we moved to the house of Mrs. Neela Fernandez, another being with a big and noble heart, who has been practicing Agnihotra for almost 50 years. She is an artist and everything she does, including cooking, is simply beautiful. (Photos above; photos below of two of her paintings.)

There, our Agnihotri friends from **Belgaum**



came for a visit in order to be able to talk personally about many experiences and ideas related to the dissemination of Homa Therapy. It was a great joy to see our brothers Abhay Mutalik Desai, a long-term Homa farmer, Eng. Vinayak Lokur, Satish Nilajkar, and Ramesh Ladad.

(Pictured above from left to right, also Mrs. Neela and Abel Hernández.)



TIMES for the HOMA FIRES - PUNE, MAHARASHTRA, INDIA



We arrived at **Dr. Kalpana Moghes'** home on the evening before the workshop. She is a Doctor in Ayurvedic Medicine and also practices other modalities of natural therapies. She has known Agnihotra for several years and she was very interested in learning more about its effects in human healing. She invited her Reiki students and conventional medical doctors for this workshop as well.





On the first day, Abel presented Agnihotra in audiovisual form and showed a range of various health testimonies achieved with the practice of Agnihotra, the ingestion of its medicinal ash and

its external application. This interesting and informative day ended with the teaching of Agnihotra and its practice, which brought us deep mental and physical rest and left us with happy and grateful hearts.

TIMES for the HOMA FIRES - PUNE, MAHARASHTRA, INDIA



On the second day of the workshop, these teachings continued in more depth. In addition, there was time to practice several Therapeutic Yoga Exercises with music and dance to enjoy this beautiful circle of beings in a wonderful environment charged with the joyful energies of Agnihotra. New pyramids were lit at Agnihotra time...

Our gratitude goes to Dr. Kalpana, who made this beautiful experience possible through her great love and dedication to service.













TIMES for the HOMA FIRES - NEW DELHI, INDIA



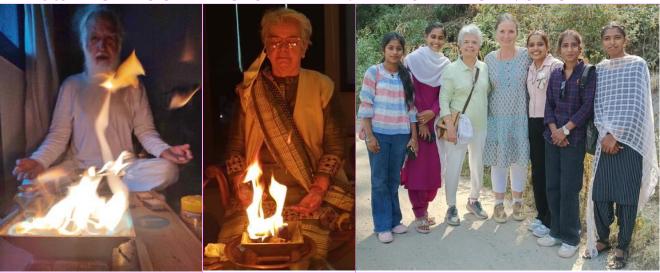
Back in New
Delhi, there were
very few days left
to prepare for the
trip back to
Europe and to
hold Agnihotra
meetings. Our
special thanks
go to Mother
Gayatri Luthra
for her

for her Unconditional Love and Support

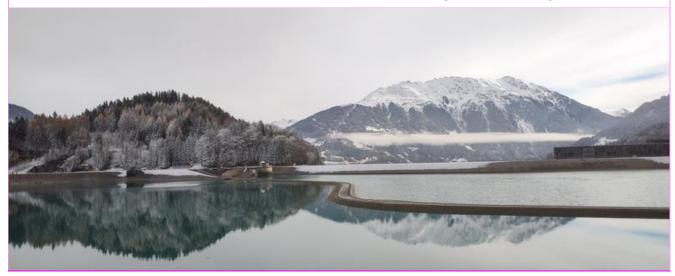


at every moment and for her great Hospitality. Also, to her sister, Guruma Praketa, who is a well-known spiritual guide and teacher. Our gratitude is also directed to **Mother Saroj Ji**, who accompanied us to most of the Agnihotra meetings and workshops in Delhi. She organized several of these and she continues to guide people interested in Homa Therapy with her experience and her great love for the Healing Fires.

Our hearts remain imbued with the great love for Mother INDIA and her beautiful sons and daughters of Light, who, innocent like children, live their lifes in service and devotion. It has been a journey filled with the GRACE of the MASTERS OF THE SACRED FIRE. DEEP GRATITUDE. OM SHREE



TIMES for the HOMA FIRES - MONTAFON, AUSTRIA, EUROPE



TIMES for the HOMA FIRES - MONTAFON & LUDESCH, AUSTRIA



This is a family united in respect, tolerance, help, joy, service, ... and above all, in love - this family is a gift from heaven itself! We are sure that many of you have also been blessed in this way. Families based on these values are creating a beautiful world and majestic planet...
Our deepest gratitude to our dear parents, who have been our first teachers!

Back on Austria, one of the best families in the world was waiting for us! We are extremely grateful to Aleta's entire family for their help in every thinkable way.







There was a final and beautiful meeting with Agnihotris and interested people invited by Martin and his wife Christine in the village Ludesch. In most of these meetings with Agnihotra, no matter where, one feels so much love that the heart expands to a state where only Light and Union exist, any limits disappear. It is Light meeting Light...



TIMES for the HOMA FIRES - LUDESCH, AUSTRIA, EUROPE







TIMES for the HOMA FIRES - MIAMI, FLORIDA, USA







In Miami, we were with a lovely young woman, **Gaby**, her son **Alessandro**, their friend **Melissa**, and not to forget **Georgina**, the turtle. The short time in Miami flew by quickly with certain tasks, the practice of Yoga, and the teaching of the Homa fires. Gaby showed her heart of gold. We had also the opportunity to meet **Maria Cecilia Mendez** and her daughter **Asha**. With Maria Cecilia, we have stories that go back more than 40 years, serving together in Homa projects in Venezuela and in schools in India... **This short stay was beautiful! Thank you! And now back to the South ...**



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



"You are not responsible for actions of others. You are, however, quite responsible for your own actions. Therefore, it is best to accept whatever hand is dealt you at this time. You will be surprised at the results."

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIME for FIRES - WOMEN'S HEALING CIRCLE, PIURA, PERU





"Contemplate the holy all the time. Thou art perfect and this perfection can be achieved in this very life. Mind is the instrument to achieve this.

There is no other way except to train the mind to love thy neighbor at all times, under all circumstances."

-Master Shree Vasant-



YOGA & HOMA FIRE in PIURA, PERU, SOUTH AMERICA



YOGA & HOMA FIRE in PIURA, PERU, SOUTH AMERICA

TIMES for the HOMA FIRES - AREQUIPA, TARAPOTO, PUCALLPA & JAÉN, PERU, SOUTH AMERICA



TIMES for the HOMA FIRES - COLOMBIA, SOUTH AMERICA



TIEMPO de FUEGOS - COLOMBIA, SOUTH AMERICA



"To lead a moral life so that people should call you a gentleman is not the aim.
The holiness has to touch the inner core of mind.
You lead a life of "Love thy neighbor" because it is your duty to do so,
because it is in your best interest to do so."

-Master Shree Vasant-



TIMES for the HOMA FIRES - GUAYAQUIL, VINCES, QUITO, CHAFLÚ, SAMBORONDÓN, ECUADOR, SOUTH AMERICA



TIMES for the HOMA FIRES - CHILE, SOUTH AMERICA

TIMES for the HOMA FIRES - MÉXICO, PANAMÁ, URUGUAY & FLORIDA, USA





TIMES for the HOMA FIRES - INDIA, ASIA



"We should never stoop to criticize others for what we ourselves have gone through. Now especially, it is a time when we must be careful not to criticize others. We must help each other in times of need."

-Master Shree Vasant-



TIMES for the HOMA FIRES - TAPOVAN, MAHARASHTRA, INDIA

Namaskar,

With the Grace of Parama Sadguru
Shree Gajanan Maharaj and
Gurudev Shree Vasant,
'Aishwarya Abhivridhi Artham
Ishti' Yajnya was performed on 6th
December 2024 at Tapovan.
The meaning of these Sanskrit
words is the following:
aishwarya - happiness, prosperity.

aishwarya - happiness, prosperity, wealth, opulence, grandeurabhivridhi - growth, enhancement, increase







artham - for the purpose of, for the sake of ishti - a Yajnya, a Vedic sacrificial offering

"A Yajnya performed for the purpose of increasing happiness and prosperity for all".

With immense joy and gratitude, this sacred Yajnya was performed dedicated to the universal well-being, prosperity, and happiness of all beings. This event was not merely a ritual but a collective invocation of divine energies to harmonize the forces of nature and nourish our inner and outer worlds.



The ancient practice of Yajnya holds profound significance in Vedic tradition. It is a bridge that connects humanity with divinity, a medium to offer our prayers, intentions, and gratitude to the universal forces. The sacred flames rise, they carry with them our aspirations for global peace, shared prosperity, and unbounded happiness.

Together, let us create an environment of purity, devotion, and positivity. May the vibrations of this Yajnya radiate far and wide, spreading blessings to every corner of the world.

May this Yajnya fulfil its noble purpose, bringing light and happiness into the lives of all.
With heartfelt gratitude,

Fivefold Path Mission



PAGE for CHILDREN, YOUTH, PARENTS & EDUCATORS

ORION on YOUTH and CHILDREN

"We see the breakup of families as indicative of the state of the planet. It appears that because of America's relative youth, the society there is more advanced in tis futuristic view as well as in tis folly. The family unit, the backbone of your civilization, is becoming more and more extinct. Such topics as family values are not considered as important as they once were. Hence, in U.S., the youth have no boundaries, no direction and few role models to emulate. The overly religious families often become so steeped in dogma that the alienate the youth they so fervently seek to save. Indeed, my dearest friends, religion cannot save you.

SEEK TO AWAKEN RATHER THAN TO 'SAVE'. Indeed, it is not in your hands. This way of thinking does not foster dialogue with other beings. Seek first to be righteous in your thoughts, words and actions. See that your being is cleared of jealousy, resentments, pride, greed, anger, and envy. Once the work is well underway, very quickly it will become quite clear that, while you may provide a good example with your life and how you live it, the saving of others is in Higher Hands. One is hopefully humbled by this realization."



"As children are the future for humankind, more focus and care need to be directed toward the youth. Especially now, while stress appears to be the norm, with the environment taxed and economic situations often strained—what choices do children have?

How can they learn to create alternatives which embolden them with choice, hope and clarity?

How can they learn to MEDITATE instead of MEDICATE?

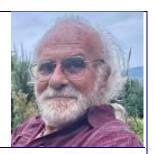
New ways of learning require new ways of teaching. If the schools no longer provide the much-needed respite of Creative Arts and Music, the responsibility must rest on the capable shoulders of those of you who rise to the occasion to inspire and champion the children."



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

"LIVE, LEARN, LOVE — just love."



Often we wonder about and search for lessons available to us from events that unfold in our lives.

Sometimes it seems as if the lessons may have more value than the events themselves—or be the 'karmic reason' for the events.

'Hitting bottom,' for an alcoholic—falling so desperately low as to be an impetus for realization of the seriousness of the disease and the fruitlessness of continued denial—for example, may be oh so more important than details of what this person's bottom consists of (whether it be becoming homeless, surviving a suicide attempt or losing all friends and family).

Romantic relationships that end may have less to do with how and why, and more to do with heightened perspective regarding attachment and expectations.

Repetition of past mistakes and problematic patterns, furthermore, rarely proves helpful to improving the present.

And so it goes. Until we learn, school is not out, we remain tethered to the schoolroom. If not, our homework seems never ending.

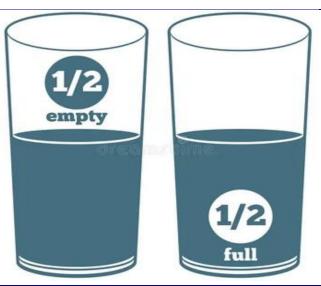
"Love with detachment brings about the state of bliss," Shree Vasant said.

Love with detachment sounds curiously like 'unconditional' love, does it not? With a partner, this may involve either looking the other way at times. With God, it may be similar though with some important differences.

Not my will but Thy will be done. Fine if He and I are on the same page. When, however, a 'difference of opinion' arises, then what? Who gets the deciding vote? If it is I, we may have a problem here. If the intonation was 'Not Thy will, but MY WILL be done,' then we may proceed unhampered by something so disruptive as Divine intervention.

So it may be wise to carefully assess situations before jumping to conclusions. As more often than not there is more than meets the eye, this careful assessment may be very important. In any case, if there is a tie, God wins!

To a great extent, this process is one of trial and error. Believing what we experience involves taking stock of how this has worked out previously. If following my will has produced optimal results, that's one thing. As this is usually not the way it goes— if we are seeing things clearly—our inclination should be to take the side of the Divine. If it ain't broke, don't fix it, is another way of looking at it.



HOMA PSYCHOTHERAPY: continued

"LIVE, LEARN, LOVE - just love."

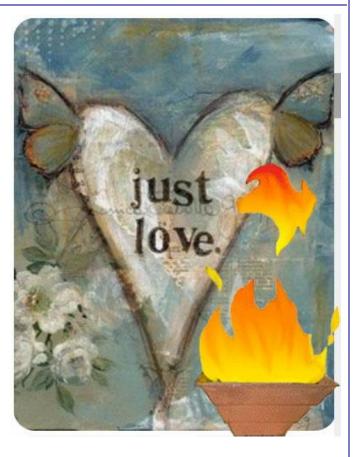
So it might be said that detachment from our ego and our points of view are worthy goals. That this is easier said than done, is a given. In the Serenity Prayer, we ask for "wisdom to know the difference" of what can be changed and what cannot. So, it is a process.

Though this sounds complicated and complex, there is a way to simplify. Just as our reaction to others needing help can be to ask, WHAT OTHERS? — we are all the same—we can also evolve to feeling that whatever be the question, the answer is LOVE.

Thus, we can relabel the six crocodiles that beset our minds to be: no fear, just love. No anger, just love. No attachment, just love. No pride, just love. No jealousy, just love. No lust, just love.



With love as our guiding principle and the light at the end of the tunnel, we can be secure in knowing—and eventually feeling—that we cannot only withstand any challenges, we can, in fact, rise above them.



That may be when we see things as they are, not as the illusions they heretofore appeared to be. And 'more than meets the eye' no longer derails us.

It is way more than looking at life through rose-colored glasses. It is becoming the rose.



WOMEN IN COMMUNION

By Jimena S. Clarke - Cid Clavero



We have reached the end of the year and we are forced to accelerate, whether we want to or not. However, I believe that living life permanently rushed and busy is one of the evils of this interconnected society, and it doesn't just happen at the end of each year, but is increasingly present in our day-to-day lives.

Sometimes I think that this social media technology, although it is true that it has created instant communication, it has also interrupted real, deep human relationships, giving way to a continuous maelstrom that is suppressing personal contact, because we have Acceleration can be positive, for example, it no time...

Every day, on WhatsApp, or other social media, I receive messages from different sources that are a kind of chain that are sent to This is where the practice of the Fivefold hundreds of people at the same time. And although it is true that some of these messages are beautiful and contain a certain truth, I reject them more and more because not even the sender has had time to add their personal touch, and I believe that some are also sent automatically, so the sender has not even selected the recipients. This acceleration and being permanently busy so that we don't even have time to write a one-line message, make a phone call or a short visit, is what causes, in my opinion, the terrible loneliness into which this society has fallen.

para pensar, para amar, para escuchar, para dar, para sentir, para apreciar, para experimentar, para ser, simplemente para vivir

And this time of the year is fertile ground for this separation and lack of true communication, as we get caught up in the festivities of the end of the year, or any other celebration according to our beliefs. We are exhausted from so much activity at work, at home, planning family activities, and so on, and we forget to stop the machine, take a deep breath and take stock of the year that is coming to an end. And if we celebrate Christmas, Hanukkah or other similar religious festivities, we don't take the time to stop and really meditate on their meaning.

forces us out of procrastination, but it can also be a type of trap, which we should be aware of...

Path comes into play, and for me, it becomes an indispensable tool to survive the end of the year.



Left: TAKE YOUR TIME

to think, to love, to listen, to give, to feel, to appreciate, to experience, to be, simply to live.

Above: TAKE YOUR TIME, there is no hurry.

WOMEN IN COMMUNION - continued

By Jimena S. Clarke - Cid Clavero

In this month of December, the women's year, and to use it to deal with your circles are probably coming to a close, or events? in many cases, taking a break due to the aforementioned reasons. If you still have 3-CREATING 'time' for a last meeting, I would like to share with you some ideas for possible activities, in addition to other practical activities such as making Christmas candles or making small gifts to share with the other women in the group.

1- CONNECTING

We start with a fire, be it Agnihotra or other. While the flame is still burning, we keep our eyes open, concentrating on this flame, letting our thoughts come to the surface, hundreds of them appearing for a fraction of a second, giving way to another and another. After a few minutes, we take 5 deep breaths before returning to normal breathing. We can close our eyes after.

This exercise helps us become aware of how rushed we have been this year and the reasons for this constant running around, what has happened to us, how the circumstances and events of this year have made us addicted to rushing and not controlling our time.

Once the fire has gone out, we open our eyes, take another deep breath and then answer the following questions:

2- ANSWERING

Was it necessary to 'run around' this year, or was it a way of not facing certain events that were a bit painful, or perhaps unexpected?

What did I learn about myself this year? Does it hurt not to 'have time' and do what is really important to you? Were you able to use your intuition this

Write down at least 5 resolutions for 2025, ranging from things like eating more healthily, laughing more often and getting a new job, to finding your own inner centre, your own path of inner development and well-being.

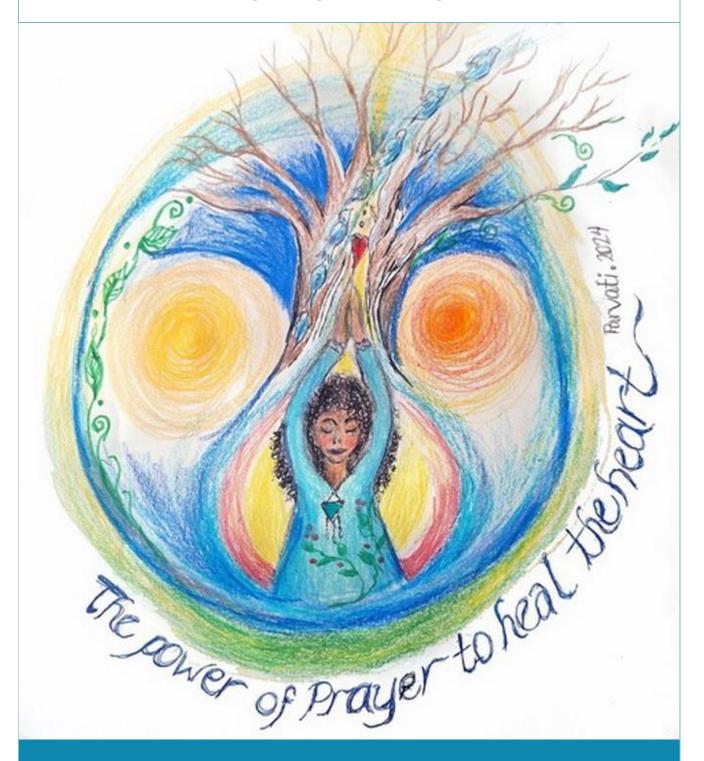
A big hug, lots of light, energy and courage, but above all laughter, for this coming year.



Happy New Year! "How wonderful to think that some of the best days of our life are going to come."



MEDITATION with HEALING MANDALA



"The power of Prayer to heal the heart."

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2024

(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.

Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

'FIVEFOLD PATH & SELF-REMEMBERING'

By Eng. Hector Rosas Almonacid
The Fivefold Path and Spiritual Development.



Agnihotra and other Homas are material aids that help purify the atmosphere and contribute to nourishing, calming and contenting the mind, as well as restoring the balance of the planet's energy cycles, which brings harmony to the ecosystem and the soil. These conditions, in turn, make it easier for our mind's attention to reorient and become aware of our inner self and, little by little, we connect and communicate with our true self and begin to have glimpses of who we really are and act accordingly.

It has been seen before that **Purification** in the Vedas involves three dimensions and that these three aspects are contained in the purification provided by the **Yajnyas**, by normalizing the interaction between **PRANA** (vital energy that comes from the cosmos) and the atmosphere in which we live. The product of this interaction allows us to receive Nutrition (supply of energies of different densities and subtleties), Peace (tranquility, calmness, mental relief), and Contentment (happiness, acceptance, good mood).

The effects of **Nutrition** and **Peace** have an aspect of automatism that facilitates the effect on us, but **Contentment** is a little more complicated because it depends on the attitude of each one and, therefore, requires acts of will on our part.

Contentment implies acceptance, good humor, joy, enthusiasm, good disposition, good will, generosity, good spirits and it is opposed to resentment which is summed up in that bitter attitude that "life would be owing something to us and that the responsibility for what happens to us lies with others."

It seems that this attitude of blaming something or someone external is closely related to that of seeking happiness on the outside and not within oneself. As we said before, looking in the wrong direction.

"The Teaching tells us that contentment can only be achieved when we refuse to seek happiness outside ourselves. Contentment can only be achieved when we recognize the law of cause and effect, that you reap what you sow, the law of Karma."

The **Fivefold Path** leads us to a daily practice of Five Principles that help us to be Happy, and open ourselves to look at things from a higher point of view. This attitude will eventually allow us a more permanent connection with ourselves and to realize that True Happiness comes from within ourselves and, consequently, from what we think, say and do, in consonance with what that being that lies within each one of us "recommends."

In addition to the effects of daily **Agnihotra**, the attitudes and actions of sharing (DAAN); of optimizing the use of our energies and overcoming harmful habits (TAPA); of proceeding correctly (KARMA); they all lead us to have glimpses of the happiness that we can achieve if, overcoming our automatisms and resentments, we manage to act from our true being (SWADHYAYA).



Eng. Héctor Rosas Almonacid - continued El Quíntuple Sendero y el Desarrollo Espiritual.

So, **Contentment** is resulting in:

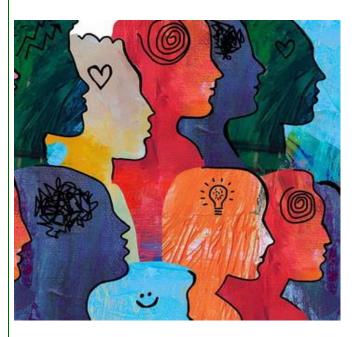
- Getting us out of a vicious circle and ushering us into a virtuous circle.
- Changing the attitudes with which we face what we must live.
- Having glimpses of the purpose of human life.

Master Vasant transmitted to us that "The power of discrimination to choose between right and not right is the greatest asset granted to the human frame. It can take man to the pinnacle of glory".



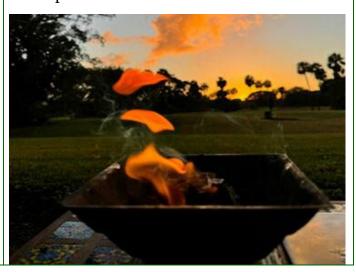
In agriculture there are farming tasks such as weeding, fertilizing, aerating, watering, etc. Similarly, we can think of the human being as a seed that must germinate (Second Birth) and develop, to deliver the fruits that, within him, struggle to manifest. The principles of the **Fivefold Path** can be likened to these tillage labors, only in this area, to cultivate the human being (Science of the Soul) and allow him to realize and fulfill his destiny: "To germinate and bear fruit by letting out the Light that he carries within him, to illuminate his path and help others find theirs."

Once, when Master Vasant was in Chile, He told us that the word Aryan in Sanskrit means "cultivated man." The **Fivefold Path** is the Vedic scientific method for self-cultivation.



As an important part of this self-cultivation, the **Teaching** emphasizes always being in the attitude of serving. Each of the services that we do selflessly, helps us to learn to be conscious and consistent with that inner being that drives us to grow in Love and, overcoming resentment, to advance towards the full fruition of our being.

Love takes many forms, and everyone can find "that variety of love" that he/she is prepared or ready to give, to contribute to the development of Life.



A Devotee Shares: Experiences with Master Shree Vasant By Mike Billian, United States



Sometime in the late 1970's Shree Vasant began spending more time in Randallstown, Maryland. In those days He made Randallstown the base from which He travelled to many countries.

During that time it was decided that some of us devotees would cook for Him, wash His clothes and assist Him with various other matters, as is customary in the Guru tradition. Roger Subotnik, Tom Dorfman and I shared the responsibility on a regular basis. In the Guru tradition, when one serves a High Master, it is a great privilege. This service is done under specific disciplines which include taking bath and wearing clean meditation clothes. For cooking, Shree Vasant had His own pots, plates and kitchen utensils.

When Shree Vasant would travel to teach Fivefold Path in different countries. someone would often accompany Him on His trips. In March, 1986, Shree Vasant invited me to travel with Him to South America for one month. We visited the countries of Bolivia, Brazil and Chile. The time we spent in those three countries was packed with many activities, large public gatherings, and private interviews. Shree Vasant was often asked to perform Vedic marriage ceremonies and baptisms for the children. People brought guitars and other musical instruments and with smiles and eyes shining, sang folk and devotional songs to Shree Vasant's delight.

I will never forget that first dawn in the crystalline atmosphere of Cochiguaz, in the Elqui Valley of Chile. It is one of the most special places on Earth.

One night I had a very unusual dream about Shree Vasant:

In the dream, He was sitting in our living room giving Darshan to many people. One by one, devotes would come before Him and bow down for a blessing. To my surprise, I saw that Shree Vasant held in his hands a bow and arrows. As the people came before Him, he would shoot them with an arrow directly into the heart!

When I told Shree Vasant about the dream He laughed and told me that it was significant and that it referred to healing the people. It was a reference to LORD PARSHURAM.

Another time, when I was still quite new to the spiritual path, I was travelling in the car with Shree Vasant and some other devotees. I recall thinking that I should be careful not to have any negative thoughts while Shree Vasant was so close by. Of course, my mind immediately responded with a flood of unwanted thoughts! As I sat there feeling terribly guilty, Shree Vasant, who had been keeping silence up to that point, suddenly turned to me and said, "This sense of guilt must go."



From the book: Messengers of the Sacred Fire
The extraordinary Life & Works of Shree Vasant Paranjpe by Parvati Rosen-Bizberg

MESSAGE from MASTER SHREE VASANT



The Great Return to the One

Verily these are the last days. Soon the whole planet undergoes terrific change. Much destruction comes soon to Eastern Europe by earth caving in. Large areas of Asia may have to be quarantined due to disease similar to AIDS. West coast of U.S. is sinking. East coast gets heavy storms. Midwest drought. Texas becomes wasteland. Such terrific things are happening.

Under such conditions of the planet, we have been blessed with knowledge to reset the energy cycle by healing fires and Mantras. It is all Grace. What a privilege it is to be able to serve others in distress and do good Karma without expectation of name, fame or reward.

Only by doing intense good Karma one can negate the load of past Karma and be free. If we lose this opportunity to work out our Karma with so little effort, we have no one to blame but ourselves.

This is the time when all of us who have been blessed with this knowledge should come together in the spirit of service.

We will all experience joy in doing this TAPA and in service to others on this Divine Path.

Let us not think of our own needs. They are and will be fulfilled.

If we want peace it must begin inside ourselves. One must search inside for the answers, for the directions, for guidance. All the professionals in the world will not be able to do our Swadhyaya.

We must learn that personal desires only bring pain and more pain in an endless cycle. Let us never complain. Let us serve the fellow man. Service will set us free.

We should keep our mind only on Mantra, meditation and prayer. This is the only way to rise higher. This is a small price to pay for peace and bliss. Our whole way of life must change. Our attitudes will have to be altered. We will have to break ourselves as gently as possible but still it is going to be painful. Yet this is the only way. Service to others lightens all the burden.

What greater blessing then to bring another out of darkness and into light? Let us demonstrate that Love with all compassion and no attachment.

Terrific forces of destruction are let loose on the planet. To all of us who are committed to HEALING let us never forget that in healing others we become healed.

So let us make sure that among the people there is no gossip, no backbiting, no harsh criticism, no antagonism. Let there be only love, forgiveness, patience and service. There needs to be more effort towards harmony, more effort towards understanding, more effort towards caring and kindness towards others. It is not a pretty world and we must begin to HEAL in a big way now. It is time to unleash the Power and great healings begin. These are the times of the great return to the ONE.

FROM INTUITIVE GUIDANCE

Received through Parvati Bizberg, Poland



Orion on Finding One's Purpose in Life

(This is an excerpt from a requested reading. I felt it might be helpful for others.)

Yes, yes. One can continue to collect experiences and add to one's pictures of life—yet, ultimately what to do with these experiences, snapshots of moments captured in time? Will they help others? Will they enrich their lives? Will they open doors to true service for humanity?

It may assist this being to make a list of what she feels are closest to her purpose in life. When did she feel the fulfillment of a higher purpose in her life? When she can identify that, that is her purpose. What is her song?

Practice of daily Agnihotra at sunrise and sunset would enhance her practice.
Agnihotra would calm her nervous system and contribute to the environment at the same time.

Agnihotra, like any effective tool for healing, requires some level of commitment to achieve greatest results. Her nature would benefit from the fire in her life. OM.

On Communication from the Heart

Yes, yes. May we speak to this subject? If one side of a paradigm is fixed, unmoving, inflexible and set, and the other side is evolving through effort, uncovering and discovering not only new realizations about themselves, but also new, more effective ways of communication—there can be a standstill between two divergent sides.

What is important to remember here is that, generally speaking, two halves make a whole.

However divergent the thinking may be, it is more a matter for the hearts than the minds. We have discovered that, when the approach comes from the heart, there is far more possibility of successful negotiation and heartfelt communication.

If you choose to lead with your hearts, then this effort must be consistent, no matter how much the heads disagree! If you keep shifting the communication from head to heart, and remaining basically grounded in love, there is not only hope for the future, but probability of success. Yes, successful outcome is possible.

You have no choice but to hear how others feel and interact with respect, even if you cannot agree with their stance on matters. You can agree to disagree, but to come together for the sake of unity and camaraderie, as your hearts would surely dictate. Indeed, follow your hearts.

On Dogma and Separation It is when human beings give into dogma that they separate themselves from others and create rifts between cultures and beliefs, when in fact there is a common thread that binds all! Unity, in fact, is a natural state of being. It is humans that defy it.

We do not blame any one body of knowledge for separating itself from others, nor do we celebrate any as superior to the rest. That is left to the religious fervor which engulfs human beings, moving them to try and 'save' others from going down a divergent path, one which is not clearly understandable or identifiable to them.

On Sacred Mantra

Yes, yes. There are certain Mantras which assist in maintaining one's own vibrations without becoming derailed by sensory overload. One such Mantra is Gayatri Mantra. Repetition of this sacred Mantra offers protection.

For further information, please see: www.oriontransmissions.com

Thank You for Sharing the "Good News" with this HomaHealth Newsletter!